

ORTHOTIC & PROSTHETIC PROGRAMS

SPOKANE FALLS COMMUNITY COLLEGE

Summer 2020

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MESSAGE FROM THE CHANCELLOR



We are in the midst of an election season locally and nationally, with primary ballots arriving recently. Campaign messages and political statements are everywhere. Although we each ultimately make a choice when we mark our individual ballots, I believe we do not need to become polarized from each other.

I've often shared passages and quotes from Parker Palmer. His book, Healing the Heart of Democracy, provides timeless wisdom that resonates today. His book urges all Americans to move away from fear and polarization toward a "heart-centered approach" focused on humane choices. Drawing from Alexis de Tocqueville's historic phrase on "habits of the heart" Parker defined five habits of the heart to sustain and strengthen democracy. I cite a shortened version of the five habits again, and hope you'll find the links to brief explanatory videos valuable.

[An understanding that we are all in this together.](#) We are an interconnected species entwined with each other and all forms of life. When we recognize we are dependent upon and accountable to one and other, even those we have never met, we begin to see the huge ripple effect of our actions or inactions.

[An appreciation of the value of otherness.](#) Most of us spend our lives among people who have some similarities to us (geographic, economic, beliefs, careers, race and more) and this can lead us to thinking of "us" and "them," without even intending to do so. We notice differences, but that does not have to translate into "us" versus "them." Instead it can remind us of the ancient tradition of hospitality to the stranger and celebrate the value of what we can learn from those who are different than ourselves.

[An ability to hold tension in life-giving ways.](#) Our lives are filled with contradictions. If we experience our contradictions creatively, we can explore them in ways that expand our minds and hearts, gaining new insights and wisdom.

[A sense of personal voice and agency.](#) It is easy and comfortable to be in the audience, treating democracy as a spectator sport. When we find our voices and understand the power of an individual to make a difference, we can experience the value of contributing to positive change.

[A capacity to create community.](#) In our huge and complex society, it can be hard to create community. Even joining together with two or three other people can be enough to create community.

I hope you will join me in finding ways to build connection, work for positive and equitable change and listen to each other's stories during this political season. Together we can ensure our democracy thrives now and in the future.

Christine Johnson, PhD
Chancellor
Community Colleges of Spokane

2020 CONTINUING EDUCATION COURSES

Offered by the O&P Technology Programs
Spokane Falls Community College

INTRO TO FABRICATING WITH HIGH CONSISTENCY SILICONE RUBBER

Friday, October 2, 2020

Registration Fee: Early \$295 until September 11; Late \$370 September 12 – September 29, 2020 (refreshments, lunch, parking pass)
HCR silicone rubber is a versatile material that is inert, very flexible, and suitable for prosthetic use. Available as a two-part system, this compound is mixed with the help of a two-roll mill and baked at a low temperature to achieve cured, durable rubber in several compatible formulations that produce different finished firmness. Add new power to your problem-solving capabilities with these adaptable, elastic, ultra-strong materials making liners, partial feet, and hand and finger appliances. All attendees will have the opportunity to make a silicone liner during the hands-on lab. **This course has been approved for 8 CEU credits ABC; 9.25 CEU credits BOC; 6 MCE credits OPC.**

TECHNICIANS and CAD/CAM: Who, What, When, Whatever! ZOOM ZOOM

ZOOM Friday, October 23, 2020 8:00 am to 12:15 pm

Registration Fee: SFCC Students \$15 Early \$125 until October 9; Late \$160 October 10 to October 21

A half-day continuing education course for O&P technicians focusing on their role and involvement with the CAD processes in a central fab or clinical practice. The half-day CE course will include 2-hours of education on prosthetic CAD processes and 2-hours on orthotic CAD processes establishing the role of the technician in the workflow. Each presentation will include descriptions of the entire CAD/CAM workflow and the extent of the tech's involvement and role. Demonstrations of vacuum forming and laminating over the foam models will be presented with time for questions and answers.

This course is approved for 4 CEU credits ABC; 4.5 CEU credits BOC; 4 MCE credits OPC.

ORTHOTIC FITTER Pre-Cert/CE Course

SFCC Campus Online begins 09/28/20; Ends 10/26/20 Lab October 30 – 31, 2020

Registration Fee: Early \$475 until August 31; Late \$ 525.00 September 1 – September 23 (refreshments, lunch, parking pass)

An orthotic fitter is an allied health professional specifically educated and trained in the provision of certain orthoses. This includes fitting, adjusting, or modifying devices that reflect the level of education and training received. This is a hybrid course with 25-hours online didactic and a 16-hour in-class fitting lab conducted in Spokane, Washington on October 30th and 31st, 2020. This course is intended as the pre-certification course required by the ABC and BOC and as a refresher course for experienced orthotic fitters. **This course has been approved for 32 Category II credits ABC; 40.25 CEUs (37.25 Scientific and 3 Business) BOC.**

THERAPEUTIC SHOE FITTER Pre-Cert/CE Course

SFCC Campus Online Begins: February 3, 2021 Ends February 17, 2021 Lab: February 19, 2021

Registration Fee: \$225 (includes refreshments, lunch, parking pass)

A therapeutic shoe fitter is an allied health professional specifically educated and trained to provide non-custom therapeutic shoes and non-custom multi-density inserts. This course includes fitting, adjusting, or modifying devices that reflect the level of education and training received. This is a hybrid course with 16-hours online didactic and a 4-hour in-class fitting lab conducted in Spokane, Washington on May 3, 2021. **This course has been approved for 16 Category II CEU credits ABC; 14.16 Category I CEU & 6.34 Category II CEU BOC.**

PEDORTHIC BOOT CAMP

Friday and Saturday March 12-13, 2021

Registration Fee: Early \$350 until February 19 or \$250 each for 3 or more from same practice;

Late \$425 February 20 – March 10 (refreshments, lunch, parking pass)

This hands-on course will provide practitioners and participants with additional techniques and knowledge in the areas of clinical Pedorthic evaluation, general foot and ankle biomechanics, diagnoses specific orthotic modification, extrinsic posting, advanced shoe modification, and casting techniques. The course objective is to provide practical skills and knowledge that can be directly applied in the field by attending practitioners. Participants are required to bring a pair of old athletic shoes that will be used for the modification aspect of the course. **This course has been approved for 12.5 CEU credits ABC; 14 CEU credits BOC; 12 MCE credits OPC.**

FOR INFORMATION, PLEASE CONTACT

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MEET OUR NEW INSTRUCTOR



Ken Mandler ABC Certified Orthotist Orthotics Instructor

Ken attended college at CSU Fullerton and then graduated as an orthotist in 1989 from the Long-Term Certificate Program in Orthotics at Rancho Los Amigos Medical Center. After graduating, he worked for Johnsons Orthopedic in California becoming ABC certified in 1991. Ken worked for 12 years in California for Johnsons before moving to Coeur d'Alene, Idaho to work at Kootenai Prosthetics. Ken purchased Valley Orthopedic in the Spokane Valley staying for 4 years before the lure of Hawaii pulled him away. Since 2011, Ken has worked as the O&P Manager at Shriners Hospital for Children in Honolulu.

Ken speaks with enthusiasm about his work with pediatric patients and describes how in 2016 he was the first orthotist trained in the US on the Cheneau-Gensingen scoliosis brace, a technologically advanced, German-designed, asymmetric scoliosis brace. Ken is now a trainer for other orthotists wishing to utilize this innovative, evidence-based bracing technology.

Ken and his wife, Jackie, have two adult daughters and two grandchildren. They are looking forward to some long road trips now that they are back on the mainland. Ken is excited about the possibility of adding a new member to the family and hopes to find "man's best friend" once he is settled in Spokane.

FULL SERVICE OR NOT

We read and talk a lot today about the need for personalized healthcare services and certainly special amenities are important. Unfortunately, though, many of us rush to add frou-frou and forget that patient care provided with substance and service is the bottom line when we talk about satisfying patients.

Research has shown that the patient care aspects of a practice and the service extended to patients and families will go a lot farther to establish or cement long-term relationships with the O&P patients in your community. Personalized care cannot be replaced by any number of fun or flowery gimmicks, especially with today's discerning patients. All patients today are more educated and much more demanding of personalized care. Spending money on advertisements will provide little long-term return if an investment is not made in the time and training necessary to teach the staff the basics of adopting a service-oriented approach to the provision of care. All front-line staff, anyone who has contact with a patient or a member of the patient's family, must be educated and trained to think differently about her or his job. Each employee's role must be expanded to incorporate all aspects of providing care in a way that makes the person with whom they are interacting feel special and that their needs are being met.

O&P clinicians along with other healthcare providers often talk about providing a full-service practice and place an emphasis on the ability to provide expanded services and support. I have a new definition for the term "full-service." I don't think it means doing special-use prostheses, thoracic lumbar-sacral orthosis, or computer-aided manufacturing. I think providing full-service means giving FULL-SERVICE to every patient and family member!

It means greeting each person with warmth and the time and interest to respond to individual needs and questions. It means answering telephone calls with a smile on your face and feelings of concern and compassion. Full-service means finding a way to change an outdated policy or rule that prevents a family from experiencing something important to their situation.

Full-service means greeting patients with a warm hello and a smile just like you would with a guest in your home. Full-service means listening to the patient's description of issues and complaints without discounting. Full-service means offering water or a cup of coffee to the patient or family members experiencing the trauma of a lost limb or debilitating orthoses.

Full-service means recognizing that the real purpose of our work is to take care of patients and their family members on their terms, rather than our terms. Full-service.....with a smile, no hassles involved!

Ruthie H Dearing, MHSA, JD
O&P Technology Program

Class of COVID-20



Left to Right: **Miriam Bray, Grifn Renford, Audrey Reifler, Katie Gier, Ambrose Cavegn, Faculty, Logan Schoonover, Edgar Arroyo, Bernard Hewey, Faculty**

Beautiful Spokane River

